

## **REQUIREMENTS NEEDED FOR GREEN BELT EXAM**

### **TEXT:**

1. Tenets
2. Pledge
3. Counting 1-20 in Korean
4. Definition of Poomse
5. School rules 1-5
6. Home rules 1-5
7. Meaning of all your forms
8. Student creed

**FORMS:** Kicho  
Taegeuk 1 (Il Chang) – (Heaven)

**SELF-DEFENSE:** 3-step sparring 1-5  
New self-defense 1-5

**BREAK:** Side kick

**TESTING FEES:** \$40.00

**HOURS NEEDED TO PROMOTE:** 35