

REQUIREMENTS NEEDED FOR DEPUTY BLACK BELT EXAM

TEXT:

1. Tenets
2. Pledge
3. Counting 1-100 in Korean
4. Definition of Poomse
5. School rules 1-13
6. Home rules 1-13
7. Meaning of all your forms
8. Student creed
9. Ethical rules
10. Meaning of tenets
11. Definition of Tae-Kwon-Do
12. Definition of Hapkido
13. Student oath
14. Composition of Tae-Kwon-Do
15. Essence of Tae-Kwon-Do
16. Theory of Power
17. Power formula

FORMS:

Kicho
Taegeuk 1 (Il Chang) – (Heaven)
Taegeuk 2 (Yi Chang) – (Joy)
Taegeuk 3 (Sam Chang) – (Fire)
Taegeuk 4 (Sa Chang) – (Thunder)
Taegeuk 5 (Oh Chang) – (Wind)
Taegeuk 6 (Yook Chang) – (Water)
Taegeuk 7 (Chil Chang) – (Mountain)
Taegeuk 8 (Pal Chang) – (Earth)

SELF-DEFENSE:

3-step sparring 1-5
New self-defense 1-40

BREAK:

Spinning heel kick

Report:

5 pages for ages 16 and over
2 pages for ages 15 and under
Topic: To be assigned
Possible topic: "What does being a black belt mean to you?"
Reports are due one week after test

TESTING FEES:

\$55.00

HOURS NEEDED TO PROMOTE: 50