

## REQUIREMENTS NEEDED FOR RED 2<sup>ND</sup> BELT EXAM

### TEXT:

1. Tenets
2. Pledge
3. Counting 1-80 in Korean
4. Definition of Poomse
5. School rules 1-13
6. Home rules 1-13
7. Meaning of all your forms
8. Student creed
9. Ethical rules
10. Meaning of tenets
11. Definition of Tae-Kwon-Do
12. Definition of Hapkido
13. Student oath
14. Composition of Tae-Kwon-Do
15. Essence of Tae-Kwon-Do
16. Theory of Power
17. Power formula

### FORMS:

Kicho  
Taegeuk 1 (Il Chang) – (Heaven)  
Taegeuk 2 (Yi Chang) – (Joy)  
Taegeuk 3 (Sam Chang) – (Fire)  
Taegeuk 4 (Sa Chang) – (Thunder)  
Taegeuk 5 (Oh Chang) – (Wind)  
Taegeuk 6 (Yook Chang) – (Water)  
Taegeuk 7 (Chil Chang) – (Mountain)

### SELF-DEFENSE:

3-step sparring 1-5  
New self-defense 1-35

### BREAK:

Jump high front snap kick

### Report:

4 pages for ages 16 and over  
1½ pages for ages 15 and under  
Topic to be decided at promotion  
Reports are due one week after test

### TESTING FEES:

\$55.00

### HOURS NEEDED TO PROMOTE: 50