

## **REQUIREMENTS NEEDED FOR BLUE BELT EXAM**

### **TEXT:**

1. Tenets
2. Pledge
3. Counting 1-40 in Korean
4. Definition of Poomse
5. School rules 1-13
6. Home rules 1-13
7. Meaning of all your forms
8. Student creed
9. Ethical rules
10. Meaning of tenets
11. Definition of Tae-Kwon-Do

### **FORMS:**

Kicho  
Taegeuk 1 (Il Chang) – (Heaven)  
Taegeuk 2 (Yi Chang) – (Joy)  
Taegeuk 3 (Sam Chang) – (Fire)

### **SELF-DEFENSE:**

3-step sparring 1-5  
New self-defense 1-15

### **BREAK:**

Flying side kick

### **TESTING FEES:**

\$50.00

### **HOURS NEEDED TO PROMOTE: 40**