

REQUIREMENTS NEEDED FOR GREEN 1ST BELT EXAM

TEXT:

1. Tenets
2. Pledge
3. Counting 1-30 in Korean
4. Definition of Poomse
5. School rules 1-13
6. Home rules 1-13
7. Meaning of all your forms
8. Student creed

FORMS:

Kicho
Taegeuk 1 (Il Chang) – (Heaven)
Taegeuk 2 (Yi Chang) – (Joy)

SELF-DEFENSE:

3-step sparring 1-5
New self-defense 1-10

BREAK:

Turning kick

TESTING FEES:

\$40.00

HOURS NEEDED TO PROMOTE: 35